



Nuns' Island JKA Spring-Seminar-2025 (Revised) **May 8th & 11th**



Guest Instructor – Shimizu Ryosuke sensei **6th Dan JKA-Head Quarters, Japan**

We would like to invite you to the Nuns' Island-JKA Annual Spring-seminar. This year we have a special guest instructor from the JKA-Headquarters, Tokyo, Japan. The seminar will focus on the JKA standards in Kihon, Kata and Kumite as well as emphasizing on betterment of good character, manners, discipline and sportsmanship.

There will be Qualifications and Dan exams up to and including Godan.

Canadian National Championship training:

There will be two special training classes, one for Kata and the other for Jiyu Kumite, in preparation for the Canadian National Championships for the following weekend. (These classes are open to all brown and black belts, even if not competing).

Thursday May 8 th	18:00-19:00 <u>White/Yellow to Blue belts.</u> 19:15-20:15 Brown & Dan 20:30-21:30 Dan.
Friday May 9 th	18:00-19:00 <u>White/Yellow to Blue belts.</u> 19:15-20:15 Brown & Dan 20:30-21:30 Dan.
Saturday May 10 th	09:00-10:00 Brown & Dan; Canadian Nationals training-Kata (Open to all Brown & Dan) 10:15-11:15 Dan; Qualification preparation (Open to all Dan) 11:30-12:30 <u>White/Yellow to Blue belts</u>
	14:30-15:30 Brown & Dan; Canadian Nationals Training-Kumite (Open to all Brown & Dan) 15:45-16:45 <u>White/Yellow to Blue belts</u>
Sunday May 11 th	9:00-10:30 Brown & Dan; Exam preparation (Open to all Brown & Dan, even if you are not in the exam)
	11:00 Qualifications written exam
	12:30 Qualification practical & Dan exam

Registration form

Name: Family name: Dojo:

Rank: Age: 12 and under ☐ 13 to 17 ☐ Over 18 ☐

Email: Phone:

Payments: Please check one

Dan: Full seminar ☐
Half seminar ☐
Per class ☐

Brown: Full seminar ☐
3 classes ☐
2 classes ☐
Per class ☐

Color: Full seminar ☐
Half seminar ☐
Per class ☐

Amount of payment:

Release of liability

I understand that my participation in the Nuns' Island-JKA seminar and any competitions is at my own risk, and I agree not to hold the Japan Karate Association, its instructors, members, or staff responsible or liable for any loss, injury or accidents resulting from my participation.

Date:

Please print the name of participant:

Participant signature:

Parent/Guardian signature (if under 18 years):

Registration, Dan & Qualification submission deadlines and criterias

- Registration and Dan form submission deadline: May 1st, 2025.
- Dan & Qualifications payment deadline: May 8th, 2025.
- Examinees must take at least half seminar.
- Your Sensei's permission.
- Must have a valid JKA-membership & passport.

D-level Instructor: -You must have attained your Nidan for at least 3 months;
minimum age: 20 years old

D-level Judge: -You must have attained your Nidan for at least 3 months
and have your Instructor D-level; minimum age: 20 years old.

D-level Examiner: -You must have attained your Sandan for at least 3
months and have your D-level instructor as well as
D-level judge; minimum age 25 years old.

C-level Instructor: -Min 3 month wait after receiving Sandan.
Class-D Instructor certification.

C-level Judge: -Min 3 month wait after receiving Sandan.
Class-D Judge certification.

C-level Examiner: -Min 3 month wait after receiving Yondan,
min 1 year wait after receiving Class-D examiner.
Class-C Instructor & Judge certification.

“FILMING & PHOTOS ARE STRICTLY PROHIBITED”

Seminar Location

Nuns' Island-Dojo (Tennis club)
300-Chemin du golf, Montreal, Qc, H3E-1A8

(Free parking; please time yourselves well with traffic)

Hosted by
Nuns' Island-JKA

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